



Linglestown Chiropractic · Dr. Ryan Semendinger · 4456 Oakhurst Blvd · Harrisburg, PA 17110

### CONFIDENTIAL PATIENT HISTORY

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Occupation \_\_\_\_\_ Employer/School \_\_\_\_\_

Marital Status \_\_\_\_\_ Number of Children \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

**What is your major complaint?** \_\_\_\_\_

How did this pain begin? \_\_\_\_\_ Have you had this before? Y N

How long have you had this pain? \_\_\_\_\_ Is the complaint: *improving* *worsening*

What type of pain is it? *Please circle all that apply.*

- |          |                 |             |
|----------|-----------------|-------------|
| Achy     | Loss of Feeling | Swelling    |
| Burning  | Numbness        | Throbbing   |
| Cramping | Sharpness       | Tingling    |
| Dull     | Stiffness       | Other _____ |

Which activities aggravate your condition? *Please circle all that apply.*

- |          |            |          |                   |
|----------|------------|----------|-------------------|
| Bathing  | Exercising | Pushing  | Twisting          |
| Bending  | Kneeling   | Running  | Walking           |
| Cleaning | Leaning    | Sitting  | Other _____       |
| Dressing | Lifting    | Standing | None of the Above |
| Driving  | Pulling    | Stooping |                   |

Which activities relieve your condition? *Please circle all that apply.*

- |                         |            |             |
|-------------------------|------------|-------------|
| Chiropractic Adjustment | Medication | Sitting     |
| Heat                    | Movement   | Standing    |
| Ice                     | Resting    | Other _____ |

Does the pain, numbness, or tingling radiate into other areas of your body? **NO** **YES** (*Circle areas*)  
Please complete other side

Abdomen

Head

Shoulders

Arms

Hips

Sternum

Chest

Legs

Other \_\_\_\_\_

Feet

Mid Back

Hands

Neck

Rate the severity of pain (0 no pain to 10 severe pain): \_\_\_\_\_

**What other complaints have you experienced in the past 3 months? Please circle all that apply.**

Ankle/Foot Pain

Carpal Tunnel Syndrome

Leg Pain

Shoulder Blade Pain

Arm Pain

Lower Back Pain

Shoulder Pain

Arthritis (spine)

Cold Feet

Mid Back Pain

Tailbone Pain

Arthritis (other)

Cold Hands

Muscle Spasms

Upper Back Pain

Bulging Discs

Dizziness

Neck Pain

Other \_\_\_\_\_

Buttock Pain

Headaches

Pinched Nerves

None of the Above

Knee Pain

**What other health conditions do you have? Please circle all that apply.**

Anxiety

Epilepsy

Multiple Sclerosis

Thyroid Problems

Bleeding Disorder

Heart Disease

Osteoporosis

Tremors

Cancer

High Cholesterol

Parkinson's

Tumors/Growths

Depression

Kidney Disease

Rheumatoid Arthritis

Other \_\_\_\_\_

Diabetes

Lung Disease

Stroke

None of the Above

**What is your smoking status? Please circle one.**

Never Smoker

Former Smoker

Current Occasional

Current Daily

**Are you currently pregnant? YES NO**

**Have you ever seen a Chiropractor? YES NO**

Date of last visit: \_\_\_\_\_

**Patient's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_